

Module SGCL6013: Introducing Developmental and Therapeutic Play

This module aims to introduce trained counsellors and other professionals to some of the main concepts and techniques of developmental and therapeutic play.

There are four principles that underpin a developmental and therapeutic approach:

- Play is the child's natural medium of communication (Landreth 2002)
- Play is a reflection of the child's inner world (Cattanach 1995)
- Healing happens through play (Axline 1974)
- Play is part of the social fabric of community (Hyder 2005)

The course is designed to be immersive and experiential, supported by current thinking from the fields of child development and play, neurobiology, relational psychology and regulation theory.

By the end of the module school counsellors and others working with children aged 3-12 yrs will better understand how to use appropriate therapeutic play interventions safely and ethically.

You will be more aware of developmental and therapeutic value of play, and its limitations, and you will be well grounded in a child centred approach to working with children.

Venue: Brechfa

Dates:

28/1/17; 11/2/17; 25/2/17; 11/3/17; 25/3/17; 8/4/17

Tutor:

Maggie Fearn, MA(Dist)DATP; MA(Dist)IHPPT; BAPT Child & Adolescent Psychotherapist and Play Therapist

Cost of course:

£345

Refreshments are not provided so please bring your own tea and coffee/ and lunch.

If you are interested please contact:

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✉ admissions@colegsirgar.ac.uk



Modiwl SGCL6013: Cyflwyno Chwarae Datblygiadol a Therapiwtig

Nod y modiwl hwn yw cyflwyno cynghorwyr hyfforddedig ac ymarferwyr proffesiynol eraill i rai o brif gysyniadau a thechnegau chwarae datblygiadol a therapiwtig.

Mae yna bedair egwyddor sy'n greiddiol i ddull datblygiadol a therapiwtig:

- Chwarae yw cyfrwng cyfathrebu naturiol plentyn (Landreth 2002)
- Mae chwarae yn adlewyrchiad o fyd mewnol plentyn (Cattanach 1995)
- Trwy chwarae mae iachâd yn digwydd (Axline 1974)
- Mae chwarae yn rhan o ffabrig cymdeithasol cymuned (Hyder 2005)

Mae'r cwrs wedi'i gynllunio i ymdrwytho'r myfyriwr sy'n dysgu trwy brofiadau, ac ategir hyn gan y syniadau cyfredol o feysydd datblygiad plant a chwarae, niwroffoleg, seicoleg berthynol a damcaniaeth rheoleiddio.

Erbyn diwedd y modiwl bydd cynghorwyr ysgol a phobl eraill sy'n gweithio gyda phlant 3-12 oed yn deall yn well sut i ddefnyddio ymriadau chwarae

therapiwtig priodol mewn modd sy'n ddiogel ac yn foeseogol. Byddwch yn fwy ymwybodol o werth datblygiadol a therapiwtig chwarae, a'i gyfyngiadau, a byddwch yn dysgu hanfodion y dull plentyn ganolog o weithio gyda phlant.

Lleoliad: Brechfa

Dyddiadau:

28/1/17; 11/2/17; 25/2/17; 11/3/17; 25/3/17; 8/4/17

Tiwtor:

Maggie Fearn, MA(Dist)DATP; MA(Dist)IHPPT; Seicotherapydd a Therapydd Chwarae Plant a Phobl Ifanc Cymdeithas Therapyddion Chwarae Prydain

Cost y cwrs:

£660 neu £345 y modiwl

Ni ddarperir lluniaeth felly dewch a'ch te a'ch hoffi/a'ch cinio eich hun.

Os oes gennych ddi-ddordeb cysylltwch â:

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