

Living in a
Communities First
Area?

Interested in becoming healthier and improving
your employability outlook?

communities first cymunedau yn gyntaf



- 2 month FREE activity programme
- Llanelli Leisure Centre
- Unlimited access to the Gymnasium, Pool and Exercise classes

Contact Communities First on
01554 784847
or **Communitiesfirst@**
carmarthenshire.gov.uk
for more information