



## Don't Suffer in Silence!

Families of prisoners become the forgotten victims when their loved ones are locked away in prison, this is something we understand.

Don't suffer in silence...

...give us a call on 01792-458645

Please contact us if you would like to make a donation or to find out more about volunteering with us.

## 160,000 children a year have a parent sent to custody

Children of prisoners have about three times the risk of developing mental health problems compared to their peers and experience higher levels of social disadvantage.

In addition, maintaining links between prisoners and their families plays an important role in supporting rehabilitation and reducing reoffending, with those prisoners who are visited in prison by a partner or family member having a significantly lower reoffending rate than those who are not.

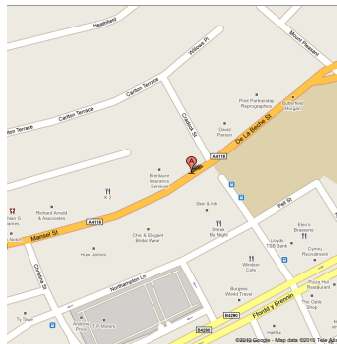
All family members affected by imprisonment should have access to information and support as soon as someone is sent to prison, while contact between prisoners and their families should be positively encouraged and given greater priority in prison regimes.

[www.criminaljusticealliance.org](http://www.criminaljusticealliance.org)

## “Protecting the Community by Reducing Re-offending through Strengthening Family Ties...”

*Supporting*

Families & Friends of Prisoners  
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Registered Charity No: 105 4204

# *Supporting* Families & Friends of Prisoners

“Reducing Re-offending by Strengthening Family Ties...”



“Thank you for keeping in touch and remembering me and my family”



# Families & Friends of Prisoners

## Are you new to this situation?

- Don't know what to expect?
- Don't know what to ask?
- Don't know who to ask?
- Worried about telling the children, their school, your work place or your friends?
- Struggling with financial problems?
- Unsure about your rights?
- Feel nobody cares?

**FFOPS** can offer you the following services

- Advice on court procedures
- Information about prisons
- Escorting families & offenders to Court
- Help to locate a prisoner
- Practical support
- Signposting to and liaising with other statutory & voluntary organisations
- Emotional support

## Working in Prisons

We currently work with prisoners & their families, attending family day, Learning Together Club, Intervention Days & other similar events in the following prisons...

- **HMP Swansea**
- **HMP Parc**
- **HMP Cardiff**
- **HMP Eastwood Park**
- **Work with all UK prisons.**

Forum members at...

HMP Parc  
HMP Eastwood Park

## Working in Courts

We have a presence in the following courts:

**Cardiff**  
Magistrates Court

**Merthyr Tydfil**  
Community Justice Court

**Swansea**  
Crown & Magistrates Courts

## Comments from our clients

*"Thank you. I don't know what I would have done if you were not at the end of the phone when I needed someone. I didn't know how to start the conversation or what I needed to say. Your kind words enabled me to realise that I wasn't on my own and there was help out there for me and other families. Thank you again"*

*"I don't know how to thank you enough for how much you have helped us all."*

*"I wish I had known about you before. Glad that I've found you now."*

*"Thank you so much for arranging for someone to help me get to see my husband."*

*"Just wanted to come in and shake your hand and thank you for looking after my family whilst I was in prison."*

*"To all at FFOPs a huge thank you for everything you have done for us helping us to keep in touch and keeping us together"*