



# 'FREE' open access sessions Integrated Children's Centres



Felinfoel: Every Thursday

Morfa: Every Friday

3pm-5pm

Children 5- 14 years

Warm welcome to parents



Parents! Attending the sessions will have benefits for you also. You will receive advice and support in becoming volunteers which will allow you to earn Time Credits. You can receive support in accessing training opportunities and become volunteers within the sessions or at other places of interest to you.

By attending the sessions regularly you will receive a loyalty card which can lead to days out, treats, activities and much more!



For more information, please ring:

Caryl Alban, Play Sufficiency Officer, Carmarthenshire Children's Partnership 01267 246561

Open Access play is not a childcare facility and children are free to come and go as they please.

Children and young people and/or their clothes may get dirty, muddy or wet when they play, but that's what makes play fun for many people.

**THIS IS NOT A CHILDCARE FACILITY**



PURPLE  
ROUTES!  
LLWYBRAU  
PORFFOR!



# Sesiwn mynediad agored am 'DDIM'

## Canolfannau Integredig i Blant

Felinfoel: Bob Dydd Iau

Morfa: Bob Dydd Gwener

3yp-5yp

Plant 5- 14 oed

Croeso cynnes i rhieni



Rhieni! Mae manteision i chi wrth fynychu'r sesiynau yma. Byddwch yn derbyn cyngor a chefnogaeth ar sut i wirfoddoli bydd yn galluogi chi i grynhoi Credydau Amser. Bydd cefnogaeth ar gael mynychu hyfforddiant ac i ddod yn wirfoddolwyr o fewn y sesiynau neu o fewn maes sydd o ddiddordeb.

Wrth fynychu'r sesiynau yn rheolaidd byddwch yn derbyn cerdyn ffyddlondeb all arwain tuag at ddiwrnodau allan, gweithgareddau a llawer fwy!

Cysylltwch a Caryl Alban, *Swyddog* Digonolrwydd Chwarae ar

01267 246561

Mae'n bosib bydd y plant a'r bobl ifanc a/neu eu dillad yn trochi neu'n gwlychu wrth iddynt chwarae, ond dyna sy'n gwneud chwarae yn hwyl i lawer o bobl

Nid gofal plant yw pwrpas y sesiynau yma mae hawl gan y plant i fynd a dod

**Nid gofal plant yw'r sesiynau yma**

**PLANT DEWI**

