

Have you or someone you know experienced domestic abuse or sexual violence?

Then call the All Wales Domestic Abuse & Sexual Violence Helpline

Signposting...

We offer a 24-hour, bilingual, freephone* helpline information and signposting service to women, men and children that are experiencing domestic abuse or sexual violence.

Support...

Our friendly and skilled helpline staff will assist you to make your own decisions without pressure, and with dignity and respect.

Safety...

Your safety is paramount to us and we can help you take steps to maintain your own security.

Sanctuary...

We can identify refuge accommodation for women, men and their children.

0808 80 10 800



Llinell Gymorth Camdriniaeth yn y Cartref
a Thrais Rhywiol Cymru Gyfan

All Wales Domestic Abuse and Sexual
Violence Helpline

0808 80 10 800



info@allwaleshelpline.org.uk

www.allwaleshelpline.org.uk



@WalesHelpline

This is a confidential service. We monitor calls for training purposes. *Calls to the helpline will not show up on landline phone bills, and are free from all UK landlines and the following mobile providers: 3 Mobile, O2, Orange, T-Mobile, Virgin Mobile and Vodafone.

We have access to Language Line – a 24 hour interpretation service. Text phone users can contact us via Text Relay on 1800108088010800

