



Tim Camau Bach, the Small Steps Team is part of the Families First Programme for disabled children and their families.

We are an early intervention service and our aim is to support children and their families to overcome challenges and achieve their potential.



We understand that children who have long term physical, mental, intellectual or sensory impairments can face challenges in their lives which can impact upon them and their family.



Who are we?

We are a team of highly trained and experienced staff employed by Carmarthenshire County Council's Children's Services. All our staff are experienced in working with children and families with a wide range of support needs. We are based alongside our specialist disability services in Carmarthen but work across the county in various settings, including people's homes.

Who can we help?

- Children with long term physical, mental, intellectual or sensory impairments
- Children aged between 0 and 12
- Children who live in Carmarthenshire and who's parents consent to our involvement.
- Parents of disabled children who would benefit from group support.

As an early intervention service we cannot work with children who are in crisis, are subject to care proceedings or looked after.

What will we do?

- We will meet with you and your child to complete an assessment. This will help us determine what might help.
- We'll make a plan to ensure you and your child get the support you need.
- We'll review the plan with you to make sure it's working.
- We'll contact other services if we think they can help.

What do we provide?

Support at Home:

The support we provide is based on the evidence of what works and can include:

- Specialist Parenting Support and practical ideas to encourage sensory development
- Strategies to manage behaviour.
- Play skills programmes
- Sleep management support

Group support:

We provide specialist play sessions and parenting support groups for families in a variety of locations throughout the county every week.

Pre-School Support:

We work with childcare settings to ensure they can meet any additional needs a child may have.



We provide:

- Advice & guidance to the setting
- Training
- Additional one to one support

If there is a need for additional one to one support to enable the child to attend we will arrange this with the setting following an assessment. One to one support is usually for a limited time. We will review this with the setting to make sure its working.



How can I get help?

- You can ask a professional such as a health visitor, nurse or social worker to refer you.
- You can refer yourself

If you're not sure please get in touch:

Contact Details of Family Support Coordinator
(address and telephone number)

Kelly Witts

Family Support Coordinator
Block 3
Jobswell Road
St David's Park
Carmarthen
SA31 3HB

Tel: 01267 246773 **Ext** 6773

Mobile: 07920414531

Email: DisabilityRefferals@carmarthenshire.gov.uk.

