

Housing related support can help prevent homelessness and help you live more independently in your home

A range of specialist support organisations can support you to:

- Claim benefits, manage a budget, deal with debts
- Manage and keep safe in your home
- Apply for adaptations or re-housing
- Improve confidence in being part of the community - relationships with friends, relatives, neighbours
- Access opportunities such as employment, education, training and social activities
- Access other services to help meet your needs, such as health and social care

Services can help you if you are:

- Aged 16 or over
- A single person, couple or family with children
- Living or moving in to your own home

Can we help you?

If you would like to talk to someone about support, contact one of the organisations listed at the back of this leaflet.

Usually you will not have to pay for the service.

You may have to join a waiting list.

These services will not do things for you. Instead, they will help you improve your skills, knowledge and confidence to live as independently as possible in your own home and help prevent homelessness.

cefnogipobl
supportingpeople
supporting independence
cefnogi annibyniaeth



Do you need housing related support to help you find or keep your home?

Cynbor Sir Gâr
Carmarthenshire
County Council



Llywodraeth Cymru
Welsh Government

Services	Name of Organisation	Phone Number
Anyone living in Ammanford and immediate surrounds (Llandybie, Glanamman, Saron, Penybanc, Betws)	Family Housing Association	01792 482763
Anyone living in the rural area outlined by Llandeilo, Llandovery and Lampeter, north of the A40 and west of the A485	NACRO	01248 679060
Young People, aged 16 to 25 (Ammanford area) Young Women aged 16 to 25	Gwalia Care and Support Hafan Cymru	01269 596590 01267 225555
Older People aged over 55	British Red Cross(Llanelli area) Carmarthenshire County Council (rest of Carmarthenshire)	01554 745480 01554 899259
Person infected or affected by HIV or AIDS	Gwalia Care and Support	01554 779824
Sight impaired person	British Red Cross	01554 745480
Hearing impaired person	Action on Hearing Loss	01554 700690 0808 808 9000 (SMS only)
People with a physical disability	Gwalia Care and Support	01554 751848
People supported by health or social care substance misuse services	The Wallich	01554 771011
People with mental health problems	Gwalia Care and Support MIND Befriending Sir Gar	01267 226907/226908 01554 776306
Anyone with a history of offending Women with a history of offending	Gwalia Care and Support Hafan Cymru	01554 757123 01267 225555
Support for women and children experiencing domestic abuse	Hafan Cymru Sir Gar Women's Aid Floating Support	01267 225555 01554 752422
Support for families	Hafan Cymru Gwalia Care and Support	01267 225555 01554 779824
<u>Anyone</u> over 16 who needs support	Gwalia Care and Support <u>or</u> The Wallich	01554 779824 or 01554 780259