

We can find a volunteer role to suit you!

Come to our Volunteer Opportunity Event

Where? Llanelli Library

When? 2nd of March 2018, 10am– 2pm

What can volunteering do for you?

CV Development
Socialising
Confidence Building
Experience

Any time you can – as little as two hours can help!
Training? – We will help you find support & courses
for your volunteering needs.

Contact the Communities First Team on
01554 742633 / 784847
communitiesfirst@camarthenshire.gov.uk



Gallwn ddod o hyd i rôl wirfoddoli sy'n addas i chi!

Dewch i ein digwyddiad gwirfoddolwyr

Ble? – Llyfrgell Llanelli
Pryd? – 2 03.2018, 10am– 2pm

Sut y byddwch chi yn eich ennill wrth gwirfoddoli?

Datblygu eich CV
Cymdeithasu
Magu Hyder
Cael Profiad

Unrhw Amser – Gall cyn lleied â dwy awr helpu.
Hyfforddiant? – Byddwn yn eich helpu i ddod o hyd i
gymorth a chysiau ar gyfer eich anghenion gwirfoddoli.

Cvsylltwch â'r tîm Cymunedau yn Gyntaf ar
01554 777850 / 784847
cymunedauyngyntaf@sirgar.gov.uk

